



Welcome to healthcare virtually anywhere

Sign in online to get started.



Member/Patient Services:  
(855) 636-3669

www.MeMD.me/consociate

Member ID : (As shown on your Consociate Health ID Card)

Visit Fee: \$10.00



Your MeMD Plan Includes:



### Urgent Care

Adults and children can be treated 24/7 for routine health issues, such as cold and flu.

Our providers can help with:

- Cold, flu, sore throats, sinus infections
- Allergies, itchy eyes, pink eye
- Nausea, vomiting, diarrhea
- UTIs, abdominal pain
- Skin infections, rashes
- Travel medications
- Short-term prescription refills
- General advice and consultation
- **And more!**

### What

**What's telehealth?** A service that helps you to reach a medical provider by app, phone or online 24/7/365.

**What's a visit fee?** A fixed amount that you owe at the time of your visit. Review your member card to see yours.

### Who

**Who can use the service?** MeMD is available to you, your spouse/domestic partner, and children up to the age of 26.

**Who will I see?** Medical care is provided by our US-licensed and board-certified physicians, physician assistants and nurse practitioners.

### When

**When should I use telehealth?** When you need medical attention for a minor health concern anytime, day or night, at home or when traveling.

**When can I use MeMD?** Medical visits are available 24/7/365, making it easier than ever to speak with a medical provider day or night, over the weekend, and even on holidays.

### How

**How do I save more money?** MeMD provides a convenient and less expensive alternative to costly emergency room and urgent care visits.

### Where

**Where can I use telehealth?** Nationwide - from the privacy of your own home or office, online, over the phone, or by app.

## Register online to start using your MeMD benefits:

- Request a visit with a MeMD provider 24/7/365, review past exams, and when medically necessary, have prescriptions sent to your local pharmacy.
- After activating your account online, download the MeMD App on your Apple or Android device to view your plan details and get care right when you need it: [go.memd.me/app](https://go.memd.me/app)